



“Home of the Tigers”
2255 6th Street – Oroville, CA 95965
Ph: (530) 538-2940 Fax: (530) 538-2949
Rochelle Simmons, Principal
Jeff Kuhn, Assistant Principal



RE: Comprehensive Sexual Health Education

Dear 7th and 8th Grade Parents/Guardians:

January 8, 2021

The California Healthy Youth Act requires that comprehensive sexual health education and human immunodeficiency virus (HIV) prevention education be taught to students at least once in middle school and once in high school, beginning no later than grade seven. Instruction and materials must be medically accurate, objective, age-appropriate and inclusive of all students, as defined by law. The law requires that instruction and materials must encourage students to communicate with parents, guardians or other trusted adults about human sexuality.

The purpose of this instruction is to:

- Provide students with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.
- Provide students with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.
- Promote understanding of sexuality as a normal part of human development.
- Ensure students receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.
- Provide students with the knowledge and skills necessary to have healthy, positive, and safe relationships and behaviors.

We will be using Positive Prevention Plus materials developed by the American Red Cross and the Department of Education. The curriculum consists of the following 13 lessons:

- Lesson 1: Understanding Change
- Lesson 2: Exploring Friendships
- Lesson 3: Bullying and Abuse
- Lesson 4: Human Trafficking
- Lesson 5: Preventing and Unplanned Pregnancy
- Lesson 6: Teen Pregnancy: Choices and Responsibilities
- Lesson 7: Myths and Stereotypes about HIV Infection
- Lesson 8: The HIV/AIDS Epidemic
- Lesson 9: Preventing Sexually Transmitted Infections
- Lesson 10: Recognizing and Reducing Risk
- Lesson 11: Peer and Media Pressure
- Lesson 12: HIV/STD Testing and Community Resources
- Lesson 13: Goal Setting

Instructional materials are available in the Nelson Avenue Middle School Library for inspection by parents/guardians. We invite you to review these at any time that is convenient for you. You may also request a copy of the California Healthy Youth Act (California *Education Code* sections 51930–51939). Materials can also be viewed online at this website: <https://www.positivepreventionplus.com/resources/for-parents> This instruction, which will begin on or after January 25, 2021, will be provided by Thermalito Union Elementary School District teachers.

If you **do not** want your student to participate in all or part of the comprehensive sexual health or HIV prevention education, please provide a signed, written note to Thermalito Union Elementary School District, attention Rochelle Simmons by January 22, 2021. Please detail in your note which of the 13 lessons you do not want your student to participate in.

If you have any questions, please contact the School Nurse, Vicky Caporale at vcaporale@thermalito.org or me.

Sincerely,

Rochelle Simmons
Nelson Avenue Middle School Principal
rsimmons@thermalito.org